

March 2023

Mon	Tue	Wed	Thu	Fri
<p align="center">All Classes are 3.00 per class.</p> <p>Proper footwear must be worn for exercise classes and the fitness room (sneakers). Do NOT enter the building if you have a fever, cough, or sore throat. You WILL be asked to leave if you are SYMPTOMATIC.</p> <p>Proof of vaccination is highly recommended.</p>	<p>Frozen Meal Program Available- Please see the office or kitchen for more details</p> <p>Please bring your Senior Center membership card with you, they will be required for entry from now on. If you do not have a membership card, they are \$5.00 for life or \$10.00 every 5 years for non- residents. Please see the office to sign up or if you have lost your card, we can issue you a new one.</p>	<p align="center">1.</p> <p>9am-10:00am- Mind, Move & Muscle (New Class) 9:30-11:30 Billiards 10:30am-11:15am Erie Cty Fitness Class 11am-1pm- Ping Pong 12:45-3pm- Game Day</p>	<p align="center">2.</p> <p>9am-4pm Piano Lessons 9am-11am- Ceramics 10:30am- Senior Board Meeting 12:30pm-2:30pm -Bingo</p>	<p align="center">3.</p> <p>9am-10am- Exercise Ball Class 9:30-11:30- Billiards 10am-2pm Crafts / 10am-11am- Zumba 11am-1pm Ping Pong 12:45 -3:00pm- Euchre 1pm-3pm- Maj Jongg 5pm-8pm- FUN FRIDAY Members only- Must show Id card upon entry</p>
<p align="center">6.</p> <p>9:30-11:30- Billiards 9:30-12pm- Maj Jongg 10am-11am- YOGA 10am-2pm Crafts 11:15am-1pm Ping Pong 12:45-3pm-Hand & Foot 1-2pm- Tai Chi Class (Video)</p>	<p align="center">7.</p> <p>9am-10am-Ball Class 9am-4pm-Piano Lessons 10:00am-11:00am- Zumba 12:30pm-3:00pm Pinochle 12:30pm-1:30pm-Beginner Line Dancing 1:45-2:45- Improver line Dance</p>	<p align="center">8.</p> <p>9am-10:00am- Mind, Move & Muscle (New Class) 9:30-11:30 Billiards 10:30am-11:15am Erie Cty Fitness Class 11am-1pm- Ping Pong 12:45pm-3pm-Game Day</p>	<p align="center">9.</p> <p>9am-4pm Piano Lessons 9am-11am- Ceramics 12:30pm-2:30pm -Bingo & Birthday Celebration</p>	<p align="center">10.</p> <p>9am-10am- Exercise Ball Class 9:30-11:30- Billiards 10am-2pm Crafts 11am-1pm Ping Pong 10-11am-Zumba 12:45 pm-3:00pm Euchre 1:00pm-3pm- Maj Jongg</p>
<p align="center">13.</p> <p>9:30-11:30- Billiards 9:30-12pm- Maj Jongg 10am-11am- YOGA 10am-2pm Crafts 11:15am-1pm Ping Pong 12:45-3pm-Hand & Foot 1-2pm- Tai Chi Class (Video)</p>	<p align="center">14.</p> <p>9am-10am-Ball Class 9am-4pm-Piano Lessons 10:00am-11:00am- Zumba 12:30pm-3:00pm Pinochle 12:30pm-1:30pm-Beginner Line Dancing 1:45-2:45- Improver line Dance</p>	<p align="center">15.</p> <p>9am-10:00am- Mind, Move & Muscle (New Class) 9:30-11:30 Billiards 10:30am-11:15am Erie Cty Fitness Class 11am-1pm-Ping Pong 12:45pm-3pm-Game Day</p>	<p align="center">16.</p> <p>9am-4pm Piano Lessons 9am-11am- Ceramics 12:30pm—2:30pm Bingo</p>	<p align="center">17.</p> <p>9am-10am- Exercise Ball Class 9:30-11:30- Billiards 10am-2pm Crafts 11am-1pm Ping Pong 10-11am-Zumba 12:45 pm-3:00pm Euchre 1:00pm-3pm- Maj Jongg</p>
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<p align="center">27.</p> <p>9:30-11:30- Billiards 9:30-12pm- Maj Jongg 10am-11am- YOGA 10am-2pm Crafts 11:15am-1pm Ping Pong 12:30-3:30pm- Safe Driving Course 12:45-3pm-Hand & Foot 1-2pm- Tai Chi Class (Video)</p>	<p align="center">28.</p> <p>9am-10am-Ball class 9:00am-4pm Piano Lessons 10:00am-11:00am- Zumba 12:30pm-1:30 Beginner Line Dancing 1:45-2:45- Improver Line Dance 12:30pm--3:00pm Pinochle</p>	<p align="center">29.</p> <p>9am-10:00am- Mind, Move & Muscle (New Class) 9:30am-11:30am Billiards 10:30am-11:15am Erie Cty Fitness Class 11am-1pm- Ping Pong 12:30-3:30pm- Safe Driving Course 12:45pm-3pm-Game Day</p>	<p align="center">30.</p> <p>9am-4pm Piano Lessons 9am-11am- Ceramics 12:30pm—2:30pm Bingo 2pm- Housing Options Presentation (Elderwood)</p>	<p align="center">31.</p> <p>9am-10am- Exercise Ball Class 9:30-11:30- Billiards 10am-2pm Crafts 11am-1pm Ping Pong 10-11am-Zumba 12:45 pm-3:00pm Euchre 1:00pm-3pm- Maj Jongg</p>

